

















## APPENDIX A: TEMPLATE FOR IDENTIFICATION OF INSPIRATIONAL PRACTICES

<b>Title</b> [Short title to describe the practice]	
<b>Date</b> [Month and year]	<b>Organiser</b> [Name, organisation, email]
<b>Element</b>	<b>Guiding questions</b>
 <b>Geographical coverage</b>	<ul style="list-style-type: none"> <li>In which country and/or region the good practice has been implemented and replicated?</li> </ul>
 <b>Actors and Stakeholders</b>	<ul style="list-style-type: none"> <li>Who are the financial partners?</li> <li>Who are the implementing partners?</li> </ul>
 <b>Target beneficiaries</b>	<ul style="list-style-type: none"> <li>Who are the target beneficiaries (direct, indirect) of the practice? How many are they?</li> </ul>
 <b>Context</b>	<ul style="list-style-type: none"> <li>What was the initial situation/ specific context?</li> <li>What are the specific challenges the practice is trying to address?</li> </ul>
 <b>Objective</b>	<ul style="list-style-type: none"> <li>What is the aim/objective of the good practice? (e.g. situate on the MESSI framework)</li> </ul>
 <b>Methodological approach</b>	<ul style="list-style-type: none"> <li>Describe the methodological approach step-by-step so that it can be easily understood and replicated by others (listed as bullet points, if relevant)</li> <li>Specify time frame and implementation cost (if available)</li> <li>Describe how the approach has been participatory and inclusive</li> </ul>
 <b>Athlete role model</b>	<ul style="list-style-type: none"> <li>What are the specifications and personal characteristics of the athlete role model used?</li> <li>Specify what role did the athlete play?</li> <li>To what extend was the athlete actively involved with the practice?</li> </ul>
 <b>Results</b>	<ul style="list-style-type: none"> <li>What are the results/ outputs of this practice?</li> <li>This section reflects the level of evidence of your practice, so results should be presented clearly and, if possible, supported by data (with sources).</li> </ul>
 <b>Impact</b>	<ul style="list-style-type: none"> <li>What is the impact (positive and negative) of this practice on the beneficiaries? (e.g. what dimension of the MESSI framework)</li> <li>How was it monitored and evaluated?</li> </ul>
 <b>Success factors</b>	<ul style="list-style-type: none"> <li>What were/are the conditions (institutional, economic, social and environmental) needed for the practice to be successful?</li> </ul>
 <b>Constraints</b>	<ul style="list-style-type: none"> <li>What constraints/challenges were encountered when implementing the practice? How were they addressed?</li> </ul>
 <b>Sustainability</b>	<ul style="list-style-type: none"> <li>To what extent the practice is sustainable? (e.g., institutionally, socially, economically and environmentally)?</li> <li>What are the key elements to put in place for the practice to be sustainable?</li> </ul>
 <b>Replicability</b>	<ul style="list-style-type: none"> <li>Has this practice been replicated, in the same context? In different contexts?</li> <li>What are the required conditions to replicate and adapt the practice in another context/geographical area?</li> </ul>
 <b>Testimony</b>	<ul style="list-style-type: none"> <li>Collect stakeholders' testimony and use this anecdotal evidence of a man or a woman to show the benefit of the practice (with name and dates).</li> </ul>
 <b>Related resources</b>	<ul style="list-style-type: none"> <li>List of sources and links about the practice (pictures, video, websites, etc.)</li> </ul>
 <b>Contact details</b>	<ul style="list-style-type: none"> <li>Person to be contacted for more information (name, email).</li> </ul>